Blair Atholl Risk Assessment 2024

Name of activity,	Nature Walk,	Date of risk	Friday, 17 May 2024	Name of person	🖆 Eirinn Mallon
event, and	Blair Atholl Jamborette,	assessment		doing this risk	
location	Blair Atholl Estate			assessment	
		Date of next			
		review			

What could go wrong?	Who is at risk?	What are you going to do about it?	Review & revise
What hazard have you identified?		How are the risks already controlled?	What has changed that needs to be thought about and
What are the risks from it?		What extra controls are needed?	controlled?
		How will they be communicated to young people and adults and remain inclusive to all needs?	
Trips and Falls- uneven terrain,	Participants &	Make sure participants and leaders have appropriate footwear and are briefed on the	
slippery paths, rocks, roots, and	leaders.	terrain. Clear path of debris before walk, ensure everyone is mindful of their surroundings.	
natural obstacles.			
Exposure to adverse weather	Particpants &	Check weather forecast before the walk, advise participants to wear appropriate clothing	
conditions	leaders.	suited to weather conditions. Seek shelter at small intervals from rain or sun. make sure	
		everyone stays hydrated.	
Dehydration & fatigue	Participants &	Encourage participants and leaders to bring sufficient water and snacks. Take breaks	
	leaders.	throughout the walk to rest and rehydrate. Monitor participants for signs of dehydration or	
		exhaustion.	
Wildlife/ livestock encounter- insects,	Participants &	Educate participants on wildlife encounters and appropriate reactions, guide them on how	
rodents, large wild animals and	leaders.	to safely observe animals from a distance without disturbing them. Have a first aid kit on	
farmyard animals.		hand for treating insect bites or stings. Ensure participants have epipen if allergic to stings.	
Exposure to poisonous flora-	Participants &	Educate participant on how to correctly identify poisonous flora and how to avoid the	
stinging nettles, fox glove, hogweed.	leaders.	dangers. Provide guidance on appropriate actions to take in case of contact.	
Physical fitness & health-	Participants &	Make sure all leaders are briefed of any underlying health conditions before walk. Ensure	
participants may not be as fit as	leaders.	the pace of the walk is suitable for all participants and take regular breaks. Have a first aid	
others & may have health cinditions.		kit for emergencies.	
Group management- lost	Participants &	Ensure everyone stays together by taking regular headcounts before, during and after	
participants.	leaders.	walk. Inform participants of designated meeting points in case of separation.	
Emergency procedures- lack of	Participants &	Develop and communicate emergency procedures before the walk. Ensure participants are	
preparation for injuries, medical	leaders.	aware of emergency contact numbers and evacuation routes. Have a designated leader for	
conditions & getting lost.		initiating emergency protocols.	

Don't forget, as part of your programme planning, you should have contingency activities in reserve just in case you can't do what was planned or you need to stop half way through. Make sure this is shared with those involved, so everyone knows how to respond. You should have risk assessed contingency activities prior to them taking place and communicated key information to those involved as with all activities.



