

## Risk Assessment – Explorer Trek, Team Games Base

Last reviewed by Craig Peters on 09/06/2024

Hazard Identified & Risks from It?	Who is at Risk?	How are the risks controlled?	What has changed that needs to be thought about and controlled?
Slips, trips and falls, risk of injury.	Young People	<ul style="list-style-type: none"> <li>• Staff must check that playing area is clear of trip hazards.</li> <li>• Staff must check that young people are wearing suitable footwear before starting the activity.</li> </ul>	
Injury from contact with other players or games equipment.	Young People	<ul style="list-style-type: none"> <li>• Staff must make sure that all young people understand the rules of the game before starting.</li> <li>• Staff must check that suitable equipment is being used for the game (solid footballs vs. softer ones etc.).</li> <li>• Staff must supervise the game and stop if the rules are not being followed.</li> </ul>	
Dehydration and Heat Exhaustion	Young People	<ul style="list-style-type: none"> <li>• Staff to check that young people bring a full water bottle with them to the activity.</li> <li>• Staff to monitor young people throughout the activity and advise anyone who is overheating to rest in the shade and drink water.</li> <li>• Water container to be available at each activity base for participants to re-fill bottles.</li> </ul>	
Sunburn	Young People	<ul style="list-style-type: none"> <li>• If weather is sunny, or forecast to be sunny, staff to check that young people are wearing sun cream.</li> </ul>	

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Cold and Hypothermia	Young People	<ul style="list-style-type: none"> <li>• If weather is wet or forecast to rain, staff to check that young people have brought a waterproof jacket to the activity.</li> <li>• Staff to check the young people are suitably clothed for the weather conditions, e.g. have jumpers / jackets with them.</li> <li>• Shelter to be available at the activity location, e.g. event shelter.</li> </ul>	